



**UPCOMING COURSES AND PROGRAMMES**

- ActiveSG- Learn to Cycle @ Clementi
- UCI Mechanics Course (Level 1)
- Singapore Cycle Safe Programme (Level 1 & 2)
- Singapore Ride Safe Programme
- Singapore Cycle Safe Trainers Course

For more information, visit [www.cycling.org.sg](http://www.cycling.org.sg) or contact [hpe@cycling.org.sg](mailto:hpe@cycling.org.sg) / 67846621.

# THE CYCLING-PATH

## Personal Mobility Device Trainer’s Module



In line with the government’s road safety initiative on cycling and riding, Singapore Cycling Federation (SCF) conducted the first ever Personal Mobility Devices (PMDs) module trainers course on the regulations and proper use of PMDs on the 18th and 19th of July 2017 for 15 participants, major medias were on site to cover the event.

(media coverage link: <http://www.zaobao.com.sg/news/singapore/story20170730-783037>; <https://www.facebook.com/singaporecyclingfederation/videos/1228159520624146/>).

This course covers the proper usage of the devices as well as the maintenance and the laws governing the use of the PMDs in public. SCF hopes that with proper training, maintenance and understanding of the laws, such devices can be a safe and fun alternate mode of transport for car-lite future in Singapore.

Another course was conducted for 14 participants at Republic Polytechnic on 9th to 11th of September 2017, PMDs were also incorporated as part of the module.



*“the hands-on use of PMDs helps put things into perspective, it definitely will be a safe and fun alternative mode of transport towards a car-lite Singapore”* -Mark Ng, module participant



# PMD Trainer's Course

A course on the proper use of personal mobility devices for trainers. Believe to be the first in Singapore it aims at achieving the competencies of users, maintenance and the correct usage of such device. Course includes the laws governing the use of such devices, risk management and the safe handling of the device.



Northlight School, OCBC CARES, Continuing Coach Excellence (CCE)



## ActiveSG @ Clementi

Cycle Safe programme is now on **ActiveSG** platform. 13 children took part in the Learn to Cycle programme @ Clementi SRC on 5th and 8th September 2017.



# NEA Cycle Safe Programme

The National Environment Agency (NEA) recently concluded its Safe Cycle Programme (Level 1 & 2) for 26 of its employees.

Participants learnt about the safe use of bicycles and the proper handling of it. They were also shown the important safety measures and recommended equipment for a safer cycling experience. Participants were put through circuits to further enhance their skills in negotiating obstacles and stability.



Picture from top:

*NorthLight School's 10 weeks Learn to Cycle & Safe Cycling programme level 1 & 2 for about 300 students as part of their weekly physical education activity; OCBC CARES Learn to Cycle Community Project for 20 children; Continuing Coach Excellence Programme (CCE) providing the platform to continually upgrade themselves in their area of coaching towards becoming more proficient and knowledgeable .*

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