

Event Technical Guide for
OCBC Cycle National Road Championship 2017
Individual Time Trial
7 May 2017

DIRTRACTION GROUP PTE LTD



SINGAPORE CYCLING FEDERATION

Event Technical Guide

Table of Contents

1. Key Contact	4
2. Key Information 2.1. General 2.2. Dates and Activities 2.3. Registration and Accreditation 2.4. Entry Fees	4
3. Events and Quotas	6
4. Competition Schedule	6
5. Competition Venue	7
6. Competition Procedures, Rules and Regulations 6.1. Technical Organisation 6.1.1. Commissaires Panel 6.1.2. Technical Officials 6.2. Competition Format 6.2.1. Disqualification Rules 6.2.2. Protests and Appeals 6.2.3. Race Routes 6.2.4. Route Maps 6.3. Safety 6.3.1. Road Safety 6.3.2. Conduct of Cyclists 6.3.3. Safety Marshals 6.3.4. Medical Support 6.4. Equipment and Clothings	7
7. General Rules and Regulations 7.1. Rules 7.2. Nationality of Competitor 7.3. Medical Code 7.4. Number of Entries 7.5. Technical Officials 7.6. Claims and Protests 7.7. Penalties in case of Fraud 7.8. Entries 7.9. Delays, Postponement and Cancellation	11
8. Victory Ceremonies	13

1. Key Contacts

Name of Company	Dirtraction Group Pte Ltd
Event Organiser	Dirtraction Group Pte Ltd
Organising committee	Chairperson: LIM HUI MIN
	Address: 8 KAKI BUKIT RD 2, #03-38 S(417841)
	Tel: +65 31515921
	E mail: INFO@DIRTRACTION.COM
	Website: www.dirtraction.com
Key contact person within club/organisation/company and/or organising committee	Name : LIM HUI MIN
	Tel: +65 31515921
	E mail: HM@DIRTRACTION.COM

2. Key Information

2.1 General

Name of the event	OCBC Cycle National Road Championship 2017– Individual Time Trial
Class of the event	National Event (UCI registered)
Location of the event	Seletar North Link
Date of the event (competition days)	7 May 2017
Press conference	Not Applicable
Transport (for participants)	Not Applicable
Accommodation (for participants)	Not Applicable
Nearest hospital	Khoo Teck Puat Hospital

2.2 Dates and Activities

Date	Time	Activity	Venue
15 Apr 2017		Registration Open	
1 May 2017	2359	Registration Deadline	
31 Mar 2017		Technical Meeting Operations Meeting	
6 May 2017	11AM - 3PM	Race Kit Collection Licence Check	Sports Hub NSA Office
6 May 2017	9:30 AM	Commissaire Briefing Session by PCP	Sports Hub NSA Office
7 May 2017	630	Reporting time Competition Proper Awards Ceremony	Seletar North Link

2.3 Registration and Accreditation

Registration open	15 Apr 2017
Registration deadline	1 May 2017
Onsite registration possible	NO
Number plates/race tags for participants	Race Kit Collection on 6 May 2017
Accreditation	During Technical Meeting
Other relevant info	

2.4 Entry Fees

Event	Pre-registration	Registration on site
All categories	50	none
Payment Mode	Online Credit Card/Paypal/Bank Transfer/Cheque	
Other relevant info	<i>10% Discount for OCBC Credit card holder</i>	

3.Events and Quotas

The event is an open national event, registration is by individual. Each category will have a maximum participation count of 70

Category	Laps	Distance
Championship Mens Juniors-A (17 – 18yrs)	4	24km
Championship Womens Juniors-A (17 – 18yrs)	4	24km
Championship Mens Masters (35 – 44yrs)	4	24km
Championship Mens Super Masters (45yrs and above)	4	24km
Championship Womens Open (19yrs and above)	4	24km
Championship Mens Open (19yrs and above)	5	30km
Championship Mens Juniors-B (13-16yrs)	4	24km
Championship Mens Veteran (55yrs and above)	4	24km
Championship Womens Juniors-B (13-16yrs)	4	24km
Championship Womens Masters (35 - 44yrs)	4	24km
Championship Womens Super Masters (45yrs and above)	4	24km
Championship Womens Veteran (55yrs and above)	4	24km
Paracycling *	2	12km
Youth (Under 12)	2	12km

*Please refer to technical guide provided by Para-olympic Federation

4. Competition Schedule

Subject to Changes

7 May 2017

06:30 AM	Race Secretariat opens (Collection of Race Kit & Licence Check)
07:30 AM	Start of Race: (with 30 Sec interval) - ParaCycling - Youth (Under 12) - Championship Mens Juniors A - Championship Womens Juniors A - Championship Mens Juniors B - Championship Womens Juniors B

	<ul style="list-style-type: none"> - Championship Mens Masters - Championship Womens Masters - Championship Mens Super Masters - Championship Womens Super Masters - Championship Mens Veteran - Championship Womens Veteran - Championship Womens Open - Championship Mens Open
12:30 AM	Award Presentation

5. Competition Venue

Location

Seletar North Link, Singapore

6. Competition Procedures, Rules and Regulations

6.1 Technical Organisation

Dirtrraction Group Pte Ltd, under the guidance of the SCF and / or appointed Technical Delegate(s), is responsible for the technical organisation of the OCBC Cycle National Road Championship 2017

6.1.1 Commissaires Panel

The President of the Commissaires Panel will be appointed by the Singapore Cycling Federation to oversee the Road events. The Singapore Cycling Federation shall appoint the respective National Commissaires to the panel.

The panel shall consist of the following members (subject to adjustments):

- President Commissaire
- Commissaire 2
- Finish Judge

6.1.2 Technical Officials

The necessary Technical Officials (e.g. Technical Delegate, PCP, Commissaires) shall be appointed by the SCF, which shall direct their work in conjunction with the Organising Committee and the Event Organiser.

The Technical Officials officiating at the event shall consist of, but not limited to, the following personnel

- Race Director
- Staging Officials
- Race Officials
- Finish Line Area Control Officials
- Administrators
- Timing Operator

6.2 Competition Format

The event will be run as a typical road Individual Time Trial event.

The starting order will be decided by the Commissaires' Panel. The course shall be safe and signposted. From the start of the race, the race course may be used only by the cyclists in the race. All cyclists must present themselves for checks on their bicycles no later than fifteen (15) minutes from their starting time.

In an event, the cyclist with the fastest time is the winner of that event.

6.2.1 Disqualification Rules

A cyclist may be disqualified when during the event if he or she:

- Pushes or interferes with another cyclist, by hand (e.g. shirt-pulling) or by other means;
- Obtains non-regulation assistance;
- Displays indecent conduct or foul language;
- Exercises acts of violence;
- Goes outside the race course boundaries;
- Uses radio links or other means of remote communication

6.2.2 Protests and Appeals

The Commissaires' Panel's decision is final.

6.2.3 Race Routes

Seletar North Link, Singapore

6.2.4 Route Maps



6.3 Safety

6.3.1 Road Safety

A road closure will be effected via deployment of Auxillary Police officers .
The competition route will be used exclusively for the competition.

6.3.2 Conduct of Cyclists

A cyclist must act in a sporting manner at all times and must permit any faster cyclist to overtake without obstructing.

If a cyclist exits the course for any reason, he or she must return to the course at the same point from which he or she exited. If the Commissaires Panel deems that the cyclist to have gained advantage, the cyclist is disqualified.

The cyclists must respect nature and must make sure they do not pollute the course venue. Anyone who is found to have altered the course will have has his or her accreditation removed or, in case of a cyclist, is disqualified.

6.3.3 Safety Marshals

All marshals working on potentially hazardous sections of the course will carry a red flag, which is waved in the event of a crash in order to warn the other cyclists.

6.3.4 Medical Support

Medical personnel and ambulance will be at the race start finish area for medical support.

6.4 Equipment and Clothings

6.4.1 Equipment used or clothing worn by athletes and other participants at the event must comply with the UCI Constitution and Technical Rules.

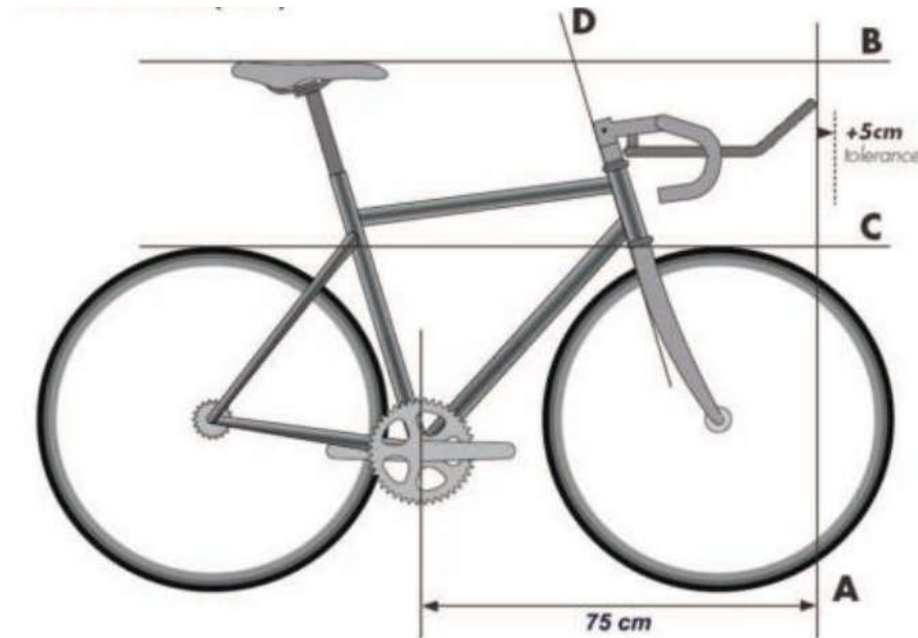
6.4.2 Time Trial Bicycle

Time Trial Bicycle must comply and subject to the time trial bicycle checks on the event day.



- a) The peak of the saddle shall be a minimum of 5 cm to the rear of a vertical plane passing through the bottom bracket spindle. In no circumstances shall the peak of the saddle extend in front of a vertical line passing through the bottom bracket spindle. The peak of the saddle can be move forward until the vertical line passing through the bottom bracket spindle where that is necessary for morphological reasons. By morphological reasons should be understood everything to do with the size and limb length of the rider. Any rider who, for these reasons, considers that he needs to use a bicycle of lesser dimensions than those given shall inform the commissaires' panel to that effect at the time of the bike check. Only one exemption for morphological reasons may be requested; either the peak of the saddle can be moved forward or the handlebar extensions can be moved forward

- b) The plane passing through the highest points at the front and rear of the saddle can have a maximum angle of nine degrees from horizontal. The length of the saddle shall be 24 cm minimum and 30 cm maximum. A tolerance of 5mm is allowed.



7. General Rules and Regulations

7.1 Rules

The event will be conducted in accordance with the Rules of Union Cycliste Internationale (UCI). In case of a disagreement in the interpretation of rules from versions in different languages, the English text will prevail. Additional rules will be implemented on top of the base UCI rules, and these rules will be placed within the events Rules and Regulations. A copy of Rules and Regulations are available on the event website for easy reference.

specific rules exception/highlights :

- Gear Restrictions will be enforced for Juniors-A, Juniors-B category
- Skinsuit, ~~Shoes-Cover~~ and tri-top with sleeves will be allowed for the event (update)
- It is forbidden to wear non-essential items of clothing or items designed to influence the performances of a rider such as reducing air resistance or modifying the body of the rider (compression, stretching, support) (Update)
- Items of clothing or equipment may be considered essential where weather conditions make them appropriate for the safety or the health of the rider. In this case, the nature and texture of the clothing or equipment must be clearly and solely justified by the need to protect the rider from bad weather conditions. Discretion in this respect is left to the race commissaires.(Update)

- Equipment (helmets, shoes, jerseys, shorts, etc.) worn by the rider may not be adapted to serve any other purpose apart from that of clothing or safety by the addition or incorporation of mechanical or electronic systems which are not approved as technical innovations. (Update)
- No blinker light/ tri bottles/saddle bag/frame bag/fuel bag or any other frame attached bags
- No Road Disc brake is allowed for this event
- No feeding is allowed
- Replacement of bike and wheel changing is only allowed at the neutral support area
- Ensure handle bar end plugs are intact

7.1.1 Nationality of Competitor

All Nationalities are welcomed to race. However only Singapore Citizen with UCI Licence will be awarded UCI Points. All Singapore Citizen riders must hold a SCF Annual licence and Non-Singaporean must hold at least a SCF Day Licence.

7.1.2 National Champion Jersey

7.1.2.1. A National Champion jersey will be awarded to the winner in each category, except Youth and Sports, in the OCBC Cycle National Road Championship. However, there must be at least three (3) participants in each of the category before the National Champion jersey will be awarded. In a situation where there is only one (1) participant, a medal will be awarded if the cyclist completes the race.

7.1.2.2. Only Singaporean with annual SCF licence is eligible for National Champion Jersey.

7.1.3 Medical Code

7.1.3.1. Anti-Doping Rule Violations as defined by the World Anti-Doping Code and Anti-Doping Singapore are forbidden.

7.1.3.2. All competitors may be subjected during the competition proper, to Doping Control initiated by Anti- Doping Singapore at any time or place, carried out in conformity with the Anti-Doping Code and its respective International Standards.

7.1.3.3. Any competitor refusing to submit to Doping Control or who is found guilty of an Anti-Doping Rule Violations shall be sanctioned by Anti-Doping Singapore, Singapore Cycling Federation and the Union Cyclist Internationale including the requirement for presented medals be returned.

7.1.3.4.

Proposed Doping Control Clauses for Competition Rules: (Conducted by ADS)

1. As a condition of entry into this competition, athletes agree to be subject to the ADS Anti-Doping Rules established pursuant to the World Anti-Doping Code. All participants who are Singapore Citizens may be required to undergo doping control tests conducted by Anti-Doping Singapore (ADS). Refusal to submit to doping control may constitute an anti-doping rule violation.
2. Athletes participating in this championship should be aware that the use of certain drugs, medication and method of treatment for an illness or injury may be banned in sport under the World Anti-Doping Agency's Prohibited List, which is updated annually. To ensure that the drug, medication or method of treatment is permitted in sport, please check with the following:
 - a) Sports Singapore(Sports Medicine Division) **Tel: 65005450 / 65005469**
 - b) Singapore "CheckDrugs" Online **www.antidoping.org.sg**
 - c) Global Drug Reference Online **www.globaldro.com**
3. If you require the use of certain drug, medication or method of treatment that are prohibited In-Competition, you need a Therapeutic Use Exemption (TUE). International-level athletes, athletes in the ADS Registered Testing Pool (RTP) and Domestic Testing Pool (DTP), and those carded by the Singapore Sports Institute are required to apply for a TUE at least 30 days prior to the start of competition.
4. International-level athletes with valid TUEs granted by your International Federation (IF) do not need to re-apply to ADS for a TUE. The TUEs granted by your IF are recognised by ADS.
5. For all other athletes not mentioned in Point 3 above, you are only required to apply for a TUE (retroactive TUE) if you have been selected for a doping control test during the competition. The TUE application should be submitted as soon as practicable after the test.
6. TUE applications should be completed with your Doctor using the ADS TUE Application Form and submitted to ADS with supporting medical documents (eg, medical history, diagnostic tests, examination results, laboratory investigations and imaging studies relevant to the application).
7. All athletes who are selected for doping control tests are to declare the medication or method of treatment on the doping control form during the testing.
8. For more details of doping control procedures and the TUE application process and forms, please visit www.antidoping.org.sg or contact us at the following:

Ms Irene Tan
Anti-Doping Singapore
Tel: 6500-5451
Email: ADS@sport.gov.sg

7.1.4 Claims and Protests

- 7.1.4.1. Claims and protests made to the PCP and Commissaires on the grounds concerning matters of fact are decided by them without appeal.
- 7.1.4.2. For exceptional circumstances, any claim must be made within fifteen (15) minutes of the decision giving rise to the claim. The PCP and Commissaires after an investigation shall then give a decision and this decision shall be irrevocable. All claims and appeals must be made in writing.

7.1.5 Penalties in case of Fraud

A competitor proved fraudulently to have transgressed the Rules and Regulations of the UCI and event's Technical Guide, shall be disqualified and lose any position he/she may have gained.

7.2 Entries

Entries must be submitted in accordance with the regulation laid down by the event's Technical Guide.

Deadline for Registration

by 1 May 2017, registration via online form <http://signup.dirtraction.com>

7.3 Delays, Postponement and Cancellation

The decision to delay, postpone or cancel an event will be made by the Technical Delegate/PCP/Commissaires, in consultation with the Event Organiser.

8. Victory Ceremonies

Prizes are awarded to the top three (3) placed individuals and teams for all events. Every individual or member of the top three (3) teams will each be awarded a Gold medal, Silver medal or Bronze medal for 1st, 2nd or 3rd place finish respectively.

The Victory Ceremony will be held at the competition venue following the announcement of the final results. Prior to the commencement of the ceremony, medallists will be ushered to the Victory Ceremony Holding Area for preparation. They will be briefed on the ceremony protocol and subsequently escorted to the victory ceremony podium for the medals presentation. Upon completing the formal part of the ceremony they will be escorted out of the victory ceremony podium area.

Medallists must wear their official uniform or sports dress to attend the ceremony. They will take their positions on the podium and face the official stand upon announcement of their names. The Gold medallist(s) will stand on a centred, highest platform. The Silver and Bronze medallist(s) will stand on equal heights, to the right and left of the Gold Medallist(s) respectively.